

Six-Day Tour de Suisse August 16-22, 2008 (\$1900)

Detailed Itinerary:

Day 1:

Arrive in Zurich. We will pick you up at the Zurich airport and bring you to your hotel. Depending on your arrival time, city tours, help with shopping, restaurants or other requests can be arranged.

Included: airport pick-up, dinner, hotel in Zurich

Not included: city tours, lunch, extra activities (boat ride, new Swiss watch, etc.)

Day 2:

Start your day with a swim in the lake of Zurich! We'll pick you up at your hotel at 7:00 and swim from about 7:30 until about 8:45. Then it's back to the hotel for a hearty breakfast buffet. Until we leave for Locarno you will have a few hours to either explore Zurich on your own, or we'd be happy to organize a city tour.

Later that day we'll pick you up at your hotel and drive you to the train station where you will say "aufwiedersehen" to the German part of Switzerland and take a gorgeous train ride through the Alps to Locarno, Ticino in the Italian section.

Upon arrival in Locarno, you will feast in a typical Italian "Grotto" and marvel at the difference a two hour train ride really makes.

Included: swim, breakfast, transportation, sandwich lunch, dinner, hotel in Locarno

Day 3:

Wake up in Ticino (pronounced Tih-CHEE-no) and dive into Lago Maggiore for your next swim in the tour. After breakfast, you can explore this lovely town either on your own or with a guide we're happy to organize. If you'd like, we can also take you **canyoning**, bungee jumping off the 007 Golden Eye dam, mountain biking or show you some historic villages deep in the Centovalli. Later in the day we'll pick you up from your hotel and take you on another stunning train ride through northern Italy and back to Switzerland.

Our final destination this day will be in the Berner Oberland, home of the most famous trio of Swiss Alps -- the Eiger, Moench and Jungfrau.

Included: swim, breakfast, transportation, dinner, hotel in Berner Oberland

Not included: lunch, extra activities

Day 4:

We'll meet you at your hotel and dive in to the turquoise waters of the Lake of Brienz for your refreshing morning swim. After your swim and breakfast you might want to try any of the following to fill your day: **whitewater rafting**, **canyoning**, **klettersteig**, rock climbing, **ice climbing**, hiking, mountain biking, **kayaking**, golf, spas, shopping, **skydiving**, **paragliding**, **hang gliding**, **scenic tours with plane or helicopter**, **bungee jumping**, **canyon jumping** or tons of other possibilities. Just get in touch with us for more ideas!

Tonight you will stay in the same four-star hotel as the previous night.

Included: swim, breakfast, dinner, hotel

Not included: lunch, extra activities

Day 5:

Today is a real treat for swimmers. We'll pick you up at your hotel at 7:00 and drive you to the put-in spot for about a 5-mile swim with the current in the Aare River. This swim is a total blast! If you've never swum in a river, this is a great place to start! The total distance takes just over an hour and you end up in Berne, the capital of Switzerland.

After your swim, we'll take you to breakfast in Berne and then explore this beautiful city for a few hours before heading off to our final destination -- Geneva.

Included: swim, breakfast, transportation to Geneva, sandwich lunch, dinner, hotel in Geneva

Day 6:

On your final day, you have your morning swim in the stunning Lake of Geneva before wandering around this world famous Swiss-French city for a few hours. You'll be amazed at how diverse a country so small can be! In the early afternoon we'll head back to Zurich for the end of your Tour de Suisse.

Included: swim, breakfast, transportation back to Zurich

Not included: lunch